

Head girl Broadcast - Week 2

Hello. I hope you are all well and have had a good week. This week I camped in the garden, it was freezing cold but great fun. I also walked my dog so far that after a while he just sat down and refused to move. I don't think he is very keen on so many daily walks!

Boredom Buster - Taskmaster challenge

- ★ Throw a tea bag in a mug - **how many steps back can you take back before you miss?**
- ★ Paper Airplane competition - **how far will it fly?**
- ★ Use tape to mark 10 cm from the end of the table, roll different objects along the table. **The aim is to get the object as close as you can to the tape.**

Wellbeing

- ❖ **Make a list of 10 things you want to achieve or learn while school is closed**
- ❖ **Make a list of 10 things you want to do once the virus is over**
- ❖ **Spend the afternoon bird watching - can you identify 10 different species?**
- ❖ **Create a piece of art, try to include all the members in your family.**

Thankfulness

- **Show someone special that you are thankful for them by writing a letter or a prayer or drawing a picture to them - If you can post it to them as a surprise.**
- **Decorate your window or front door to make people smile as they walk past on the daily exercise.**

Weekly Challenge:

- ☐ **Sleep somewhere other than your bed for at least one night - build a den, camp in the garden**
- ☐ **Write a poem about your isolation experience.**